



# 2021 Camp Abe Lincoln Day Camp PARENT PACKET And Information

## Welcome to the Camp Abe Lincoln Family!

We are happy to have you join us and experience an adventure that will be healthy in spirit, mind and body.

Our most important focus will be on the development of each unique child. Our experienced and safety-certified staff will not only lead fun activities like archery and nature hikes, canoe trips, horses, zip lines, climbing towers and kangaroo jumpers (wait to you see our new Kangaroo Jumper) but most importantly, our counselors are here to help teach how we treat each other with Caring, Honesty, Respect and Responsibility!

As we walk, play and adventure, we'll always have a focus on being better people. We'll learn to respect each other. Communicate. Build relationships. Challenge our fears. And find out what we are capable of!

### What You Will Find In This Packet — And How It Helps!

1. Who We Are
2. Daily Camp Schedule
3. Preparing For Camp
4. Check In & Out Procedures
5. Core Values - Behavior



Going through this packet with your camper will help alleviate any anxiety and homesickness that they (and you!) might be feeling!



Phone #: 563.381.3053  
Email: [camp@ymcaimv.org](mailto:camp@ymcaimv.org)  
Website: [www.ymcaimv.org/camp](http://www.ymcaimv.org/camp)



## Who Is Caring For Your Child?

We know it can be difficult sending your child off to people you do not know personally. However, you can sleep easy! Our counselors and staff at Camp are not only capable, but are also very excited to work with your child this summer. Camp Abe Lincoln follows over 300 standards in safety, health and program quality as a the level to meet and surpass to ensure a quality experience for all.

During the hiring process, we do expansive background checks to ensure your child's safety. All counselors we hire are over the age of 18 and go through a very extensive training program. Besides preparing them to work with children, we also certify them in all the various program areas that Camp Abe Lincoln has to offer. We lifeguard train all of our staff, so your children are safe in all of our aquatic program areas. We also have a Registered Nurse on call at all times.

## Extra Covid Precautions

### Check In

- Temperatures checked
- Family Discussion/No exposures
- Waiting Outside/Safe distances

### Bus Rides

- Kids maintain space and wear masks during boarding and riding the bus
- Children sit one per seat
- Bus sanitized before/after each ride
- Windows Down For Max Airflow

### Programs/Groups

- Campers in same groups
- 1:9 ratios staff:children
- Equipment cleaned Before/after use
- Meals will be pre-packaged
- Kids only 4 to table w/ distance between



## Typical Camp Schedule

Every day is a little different at Camp, dependent on what type of Camp your child is signed up for.

For Day Camp, you will receive a schedule on the first day to know what they are doing each day.

See our website for more information!

Lunch will be provided, or campers can bring their own. For safety, lunch will be prepackaged with disposal cups and utensils.

### Day Camp

- 8:30** Arrival and Group Breakout
- 9:00** Opening Campfire: Core Value Story
- 9:15** Activity 1
- 10:20** Activity 2
- 11:30** Lunch
- 12:00** Swim Time/Activity 3
- 1:30** Swim Time/Activity 4
- 2:30** Activity 5
- 3:30** Snacks; prepare for bus
- 4:00** Departure



Please visit us at  
[www.ymcaimv/camp/](http://www.ymcaimv/camp/)  
Or call 563.381.3053







## Preparing For Day Camp

There are a few things that need to be done before you arrive to Camp Abe Lincoln. If you go to our website under the "Parent's Corner," you will find the forms you need.

### To Do Checklist

- ◇ Complete the **Health History Form** (needed for all campers)
- ◇ Go through **this packet** with them
- ◇ **Pack!** We recommend writing your name on all the items!

### Packing List

- ◇ Water Bottle
- ◇ Swimsuit/Towel
- ◇ Backpack
- ◇ High SPF Sunscreen & Bug Spray
- ◇ Close Toed Shoes  
(that can get muddy/wet)
- ◇ Hat/Sunglasses

**NO NUTS -We are a nut-free facility!**





## Check In & Check Out

Your child's safety is our number one priority, which is why we take check in and check out very seriously. You **MUST** sign your child in (daily for Day Camp) before you depart. You will be asked to list all individuals that are allowed to pick your child up. Every person, including the person that dropped them off, is **REQUIRED** to be on the list **AND** show a driver's license to pick your child up. Thank you for your understanding and cooperation.

### Day Camp

- You may arrive up to 30 minutes before departure time to sign your child in.
- If there are any issues or bus delays, we will contact the Y branches and they will notify you.
- Please go over proper bus behavior with your child before Camp to ensure a safe and fun ride.

### Day Camp Bus Schedule

LOCATION	Morning	Afternoon
*Bettendorf YMCA	8:00am	4:45pm
*Bittner YMCA	8:00am	4:30pm







## Core Values and Expectations

Let's talk to our kids every day about our Core Values. At home, and at camp, these will guide our fun, our conversations, and help guide and learn our behavior.

We all make mistakes. We come from different backgrounds and we all have different experiences. At camp, and at the YMCA, our differences are what make us stronger!

So we'll learn how to build relationships, be patient, show respect and have a great time!

### YMCA Core Values:

**Caring**

**Honesty**

**Respect**

**Responsibility**

## Everyday, we'll learn how to be better people!

