



Nov 18, 2019

MONDAY MEMO

Key updates for all Supervision Staff Teams

- **BaGACK'!!! The Turkey Trot Is Getting Closer!**
 - o Ten Days Out: 13% ahead.... Let's get over 3,000!!! 50 degrees this week!
 - o VOLUNTEERS NEEDED -- ESPECIALLY on the course! Register online!
 - o Check Digital Ads, Social Media, Videos, Yard Signs, Banners
 - o E-blast to registrants to bring a friend, Y @ Work, Past 2 months new joins
 - o KEEP SPREADING THE WORD!
- **No School Days and Black Friday Kids DAY Out**
 - o Bett and North hosting 11/27
 - o Black Friday kids DAY out 11/29 at the Downtown Y
- **KNOW OUR VALUE!!!**
 - o Certified Coaches INCLUDED (\$100 Value)
 - o Group Ex on Land AND Water
 - o Awesome facilities with new equipment everywhere
 - o Pools, Spas, Hot tubs
 - o No contracts! Same rates for 13 years! Sliding Fee Scale!
- **WELCOME TO THE YMCA!**
 - o New Utica Ridge Director Jacqueline Holm starts today. WELCOME!!!

JOIN US!

The BEST VALUE in Health & Fitness

- + Certified Trainers for ALL
- New Members: a \$100 value!
- + Tons of Group Ex, pools & spas
- + 5 Locations & new equipment
- + Same rates for 13 years
- AND online sliding fee scale!



the Y[®]
YMCA

Visit us online, stop in for
a tour, and flock to the Trot!

www.ScottCountyFamilyY.org

33rd Annual McCarthy-Bush YMCA Turkey Trot!

The best QC Thanksgiving Day
Tradition around!

Something special for EVERY
Turkey in your Flock!



ALL WELCOME CENTER STAFF TO SIGN EACH WEEK