



POOL SCHEDULE

November 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lap/Open Swim 5:30-8:00am	Lap/Open Swim 5:30-8:00am	Lap/Open Swim 5:30-8:00am	Cardio Wave 5:30-6:15am 3 Lap Lanes	Lap/Open Swim 5:30-7:00am	CLOSED	CLOSED
Total Body Workout 8:00-8:45am 1 lap lane	Cardio Wave 8:00-8:45am 1 lap lane	Water Volleyball 8:00-8:45am 1 lap lane	Lap/Open Swim 6:15-8:00am	Water Volleyball 7:00-8:30am 1-2 Lap Lanes		
Lap/Open Swim 9:00-1:00pm	Lap/Open Swim 9:00-1:00pm	Lap/Open Swim 9:00-1:00pm	Lap/Open Swim 9:00-1:00pm	Lap/Open Swim 9:00-1:00pm	Lap/Open Swim 7:00am-2:30pm	Open Swim 12:00-2:30pm
Pool CLOSED 1:00-4:00pm	Pool CLOSED 1:00-4:00pm	Pool CLOSED 1:00-4:00pm	Pool CLOSED 1:00-4:00pm	Pool CLOSED 1:00-4:00pm	Swimming Lessons 8:30-10:40am	
Swim Team 4-5pm *No lap swim but zero depth open	Swim Team 4-5pm *No lap swim but zero depth open	Swim Team 4-5pm *NO lap swim but zero depth open	Swim Team 4-5pm *NO lap swim but zero depth open	Lap/Open Swim 4:00-7:00pm	CLOSED	CLOSED
Lap/Open Swim 5:00-8:00pm	Cardio Wave 5:00-5:30pm 1 lap lane	Lap/Open Swim 5:00-8:00pm	Swim Lessons 5:30-7:05pm			
Pool closes at 8:00 PM	Pool closes at 8:00 PM.	Pool closes at 8:00 PM	Pool closes at 8:00 PM	Pool closes at 7:00 PM		

Updated 10/23/2017

YMCA POOL RULES

1. No rough play.
2. **Everyone must shower before entering pool**
3. Absolutely no diving in the pool.
4. Running, pushing, diving, back jumps, and other "horseplay" is not deemed safe and will not be tolerated.
5. Children under 8 must be accompanied by an adult 18 or



older the adult must be within arms reach of the child.

6. Food, drinks, and gum are not allowed on the pool deck.
7. Street shoes are not allowed on the pool deck.
8. Swimmers must wear clean swimsuits or leotards. No cutoffs with frays or gym shorts are allowed.
9. Admissions to the pool will be refused to any persons with infections such as rashes, open wounds, etc.
Bandages of any sort should be remove before entering the pool.
10. Children who are not toilet trained must wear swim diapers. Please ask lifeguard if you need one.
11. Lifeguards may prohibit any activities that affect the safety and enjoyment of pool users.
12. Pool equipment will be issued and removed at the lifeguard's discretion.

Lap Swim: 16 and older may use the pool to lap swim. Anyone under 16 needs permission from the Aquatics Coordinator.

During swimming lessons NO lap lanes are available. Please plan to come swim at a different time.

***Pool times and events are subject to change. Please try to be flexible if issues arise.**

***No lap will be available when camps are here due to lack of space.**

Please allow the swimming lessons to finish before entering the pool!!*

Thank you and enjoy your time at the Y!

**MANAGING THE CITY OF
MAQUOKETA'S
RECREATION FACILITY
&
PROGRAMS
SINCE 2007**

