

Maquoketa YMCA
Gym Schedule - South Side
NOVEMBER 2023



Maquoketa YMCA
Gym Schedule - North Side
NOVEMBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 10:00A-12:00PM	GROUP FITNESS 5:15- 6:00AM	OPEN GYM 10:00A-12:00PM	GROUP FITNESS 5:15- 6:00AM	GROUP FITNESS 5:30- 6:00AM	CLOSED	CLOSED
PICKLEBALL 7: 30-10:00AM	PICKLEBALL 7: 30-10:00AM	PICKLEBALL 7: 30-10:00AM	PICKLEBALL 7: 30-10:00AM	PICKLEBALL 7: 30-10:00AM		
OPEN GYM 10:00A-12:00PM		OPEN GYM 10:00A-12:00PM		OPEN GYM 10:00A-12:00PM	OPEN GYM 7: 00AM-5:00PM	OPEN GYM 8: 00AM-3:00 PM
DROP IN BASKETBALL 12:00-1:30PM	OPEN GYM 10:00A-5:00P	DROP IN BASKETBALL 12:00-1:30PM		DROP IN BASKETBALL 12:00-1:30PM		
OPEN GYM 1: 30-5:00PM		OPEN GYM 1: 30-4:45PM	OPEN GYM 1: 00-7:00PM			
GROUP FITNESS 5:00- 5:45PM	GROUP FITNESS 5:00- 5:45PM	GROUP FITNESS 5:00- 5:45PM		OPEN GYM 1: 00-8:00PM		DROP IN BASKETBALL 3: 00-4:30 PM
OPEN GYM 5:45- 7:30PM		OPEN GYM 5:45- 7:30PM	VOLLEYBALL 5: 30-7:00 PM		CLOSED	CLOSED
DROP IN BASKETBALL 7- 8:30 PM	OPEN GYM 5:45- 7:30PM	DROP IN VOLLEYBALL 7- 8:30 PM	DROP IN PICKLEBALL 7- 8:30 PM			
Building closes at 9:00 PM	Building closes at 9:00 PM	Building closes at 9:00 PM	Building closes at 9:00 PM	Building closes at 8:00 PM	Building closes at 5:00 PM	Building closes at 5:00 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5: 30-7:30AM	GROUP FITNESS 5:15- 6:00AM	OPEN GYM 5: 30-7:30AM	GROUP FITNESS 5:15- 6:00AM	OPEN GYM 5: 30-7:30AM	CLOSED	CLOSED
PICKLEBALL 7: 30-10:00AM	PICKLEBALL 7: 30-10:00AM	PICKLEBALL 7: 30-10:00AM	PICKLEBALL 7: 30-10:00AM	PICKLEBALL 7: 30-10:00AM		
OPEN GYM 10:00A-12:00PM		OPEN GYM 10:00A-12:00PM		OPEN GYM 10:00A-12:00PM	OPEN GYM 7: 00AM-3:00PM	OPEN GYM 8: 00AM-1:30 PM
DROP IN BASKETBALL 12:00-1:30PM	OPEN GYM 10: 00A-4:30PM	DROP IN BASKETBALL 12:00-1:30PM	OPEN GYM 10: 00A-4:30PM	DROP IN BASKETBALL 12:00-1:30PM		
OPEN GYM 1: 30-4:30PM		OPEN GYM 1: 30-4:30PM		OPEN GYM 1: 30-4:30PM		DROP IN PICKLEBALL 1: 30-3:00 PM
PICKLEBALL 4: 30-5:30PM	PICKLEBALL 4: 30-5:30PM	PICKLEBALL 4: 30-5:30PM	PICKLEBALL 4: 30-5:30PM	PICKLEBALL 4: 30-5:30PM		DROP IN BASKETBALL 3: 00-4:30 PM
OPEN GYM 5:45- 7:30PM		OPEN GYM 5: 30-7:30PM	OPEN GYM 5: 30-7:30PM	OPEN GYM 5: 30-7:30PM	CLOSED	CLOSED
DROP IN BASKETBALL 7- 8:30 PM	OPEN GYM 5: 30-7:30PM	OPEN GYM 5: 30-7:30PM	OPEN GYM 5: 30-7:30PM	OPEN GYM 5: 30-7:30PM		
Building closes at 9:00 PM	Building closes at 9:00 PM	Building closes at 9:00 PM	Building closes at 9:00 PM	Building closes at 8:00 PM	Building closes at 5:00 PM	Building closes at 5:00 PM