



Maquoketa YMCA Pool Schedule November 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lap/Open Swim 5:30-8:00A	Lap/Open Swim 5:30-7:00A Water HIIT 7: 00-7:45A 2 Lap Lanes	Lap/Open Swim 5:30-8:00A	Lap/Open Swim 5:30-7:00A Water HIIT 7: 00-7:45A 2 Lap Lanes	Lap/Open Swim 5:30-8:00A	CLOSED	CLOSED
Aqua Fit 8:00- 9:00A 2 Lap Lanes	Float & Fit 8: 00-9:00A 2 Lap Lanes	Aqua Fit 8:00- 9:00A 2 Lap Lanes	Float & Fit 8: 00-9:00A 2 Lap Lanes	Water HIIT 8: 00-9:00A 2 Lap Lanes		
Lap/Open Swim 9:00A- 10:00A	Lap/Open Swim 9:00A- 12:00P	Lap/Open Swim 9:00A- 12:00P	Lap/Open Swim 9:00A- 12:00P	Lap/Open Swim 9:00A- 12:00P	Swim Lessons 8:30-10:20AM 2 Lap Lanes	Lap/Open Swim 8:00A-4:30P
Water Walking 10:00-10:45A 2 Lap Lanes					Lap/Open Swim 10:20A-4:30P	
Lap/Open Swim 10:45A-12:00P						
POOL CLOSED 12:00-4:00P	POOL CLOSED 12:00-4:00P	POOL CLOSED 12:00-4:00P	POOL CLOSED 12:00-4:00P	POOL CLOSED 12:00-4:00P	NO WATER FEATURES DURING CLASSES ←	CLOSED
Swim Team 4:00-5:00 PM (3 lap lanes open & Zero Depth)						
Swim Lessons 5:00-7:15 PM (3 lap lanes open)						
Float & Fit 6: 00-6:45PM	Aqua Fit 5:30- 6:15PM	Float & Fit 6: 00-6:45PM	Aqua Fit 5:30- 6:15PM	Lap/Open Swim 6:00P		
Lap/Open Swim 6:15-8:30 PM	Lap/Open Swim 6:15-8:30 PM	Lap/Open Swim 6:15-8:30 PM	Lap/Open Swim 6:15-8:30 PM			
Pool Closes at 8:30 PM	Pool Closes at 8:30 PM	Pool Closes at 8:30 PM	Pool Closes at 8:30 PM	Pool Closes at 7:30 PM	Pool Closes at 4:30 PM	Pool Closes at 4:30 PM