



# Maquoketa YMCA

## Pool Schedule

### January 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
Lap/Open Swim 5:30 AM-12:00 PM	Lap/Open Swim 5:30 AM-12:00 PM	Lap/Open Swim 5:30 AM-12:00 PM	Lap/Open Swim 5:30 AM-12:00 PM	Lap/Open Swim 5:30 AM-12:00 PM	CLOSED	CLOSED			
Water HIIT 7:00-7:45 AM	Water HIIT 7:00-7:45 AM	Water HIIT 7:00-7:45 AM	Water HIIT 7:00-7:45 AM	Water HIIT 7:00-7:45 AM	Lap/Open Swim 7:00A-8:30A	CLOSED			
Aqua Fit 8:00-9:00 AM	Aqua Fit 8:00-9:00 AM	Aqua Fit 8:00-9:00 AM	Aqua Fit 8:00-9:00 AM	Aqua Fit 8:00-9:00 AM	Swim Lessons 8:00-11:00 AM				
Lap/Open Swim 9:00 AM-12:00PM	Lap/Open Swim 9:00 AM-12:00PM	Lap/Open Swim 9:00 AM-12:00PM	Lap/Open Swim 9:00 AM-12:00PM	Lap/Open Swim 9:00 AM-12:00PM	Lap/Open Swim 10:20A-4:30P	Lap/Open Swim 8:00A-4:30P			
POOL CLOSED 12:00-4:00P	POOL CLOSED 12:00-4:00P	POOL CLOSED 12:00-4:00P	POOL CLOSED 12:00-4:00P	Lap/Open Swim 12:00-4:00 PM					
Swim Team 4:00-5:00 PM (Zero Depth Open)				Lap/Open Swim 4:00-8:30 PM	NO WATER FEATURES DURING CLASSES 	CLOSED			
Swim Lessons 5:00-7:15 PM (2 lap lanes open)									
Pool Fitness 5:45-6:30 PM	Pool Fitness 5:30-6:15 PM	Pool Fitness 5:45-6:30 PM	Pool Fitness 5:30-6:15 PM						
Lap/Open Swim 6:30-8:30 PM	Lap/Open Swim 6:15-8:30 PM	Lap/Open Swim 6:30-8:30 PM	Lap/Open Swim 6:15-8:30 PM						
Pool Closes at 8:30 PM	Pool Closes at 8:30 PM	Pool Closes at 8:30 PM	Pool Closes at 8:30 PM	Pool Closes at 7:30 PM	Pool Closes at 4:30 PM	Pool Closes at 4:30 PM			

Closed on Christmas