



Maquoketa YMCA Pool Schedule August 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lap/Open Swim 5:30 AM-12:00 PM	Lap/Open Swim 5:30 AM-12:00 PM	Lap/Open Swim 5:30 AM-12:00 PM	Lap/Open Swim 5:30 AM-12:00 PM	Lap/Open Swim 5:30 AM-12:00 PM	CLOSED	CLOSED
Water HIIT 7:00-7:45 AM			Water HIIT 7:00-7:45 AM			
Aqua Fit 8:00-9:00 AM	Aqua Fit 8:00-9:00 AM	Aqua Fit 8:00-9:00 AM	Aqua Fit 8:00-9:00 AM	Aqua Fit 8:00-9:00 AM	Swim Lessons 9:11:30 AM (2 lap lanes open)	Lap/Open Swim 8:00A-3:30P
Swim Lessons 9:15-11:10AM (2 lap lanes open)				Lap/Open Swim 9:00 AM-10:30AM		
Lap/Open Swim 3:00-4:00 PM	Lap/Open Swim 3:00-4:00 PM	Lap/Open Swim 3:00-4:00 PM	Lap/Open Swim 3:00-4:00 PM		Lap/Open Swim 11:30A-4:30P	
		Sacred Heart 8/5, 8/19 12-2pm	Sunshine 8/20 12-3pm			
Swim Team 4:00-5:00 PM (Zero Depth Open)					NO WATER FEATURES DURING CLASSES ←	CLOSED
Pool Fitness 5:45-6:30 PM	Pool Fitness 5:30-6:15 PM	Pool Fitness 5:45-6:30 PM	Pool Fitness 5:30-6:15 PM			
Lap/Open Swim 6:30-7:30 PM	Lap/Open Swim 6:30-7:30 PM	Lap/Open Swim 6:30-7:30 PM	Lap/Open Swim 6:30-7:30 PM			
Pool Closes at 7:30 PM	Pool Closes at 7:30 PM	Pool Closes at 7:30 PM	Pool Closes at 7:30 PM	Pool Closes at 7:30 PM	Pool Closes at 4:30 PM	Pool Closes at 3:30 PM

