



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

March 10, 2020

**TUESDAY TALK POINTS:  
Key updates for all  
YMCA LEADERSHIP STAFF**



- **Coronavirus updates:**
  - Use new YMCA poster *and* continue to use the CDC's poster to educate our members (see back)
  - Encourage members to wipe down equipment before and after use and to identify concerns and share with us. We're all in this together. We have approved cleaning products everywhere. Together, we can ensure equipment is sprayed down many times throughout the day.
  - Our YMCA is working closely with Scott County Health Department, receiving constant info from the CDC, Johns Hopkins University, and local agency partners and schools.
  - As leaders: Stay Positive. Know The Facts. Be Aware of our Influence on emotion and attitude.
  
- **Youth Sports: Registrations Remain Open!**
  - Soccer is on the turf! Cool! No mud... ever! And registration is now open through April 4th
  - Volleyball will also remain open until April 4th
  - Information/registration updated online.
  
- **Camp/Spring Break Message**
  - **Camp Abe Lincoln Call To Action:** HURRY! Early Bird Discount Pricing Ends April 1st!
    - Save \$25 for any week of Resident Camp when you register.
    - Just pay the \$50 deposit for any week, and lock in your early bird discount price!
    - More info: [www.ScottCountyFamilyY.org/ymca-summer-camps](http://www.ScottCountyFamilyY.org/ymca-summer-camps)
    - Branch Camps = Pay Enrollment; have parent packet on file; register (deposit/full-pay)
    - Camp Abe Lincoln = Pay deposit/pay in full; then parent packet/physician form
  - **Spring Break** – "March Madness" at 3 locations; each takes one full-day trip to Camp
  - **Spring Break Mini Camps:** BOTH weekends before/after spring break at Camp Abe Lincoln; St. Paddy's theme this weekend; March Madness next weekend.
  
- **Golf Outing** – Promo begins; June 26<sup>th</sup> 8am shotgun start at Glynn's Creek
- **Child Care Trivia Night** – Mark your calendars for April 18<sup>th</sup>, 6pm at Knights of Columbus

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ALL WELCOME CENTER STAFF TO SIGN EACH WEEK



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**WE'RE #1  
in VALUE!**  
For Health & Fitness, Personal  
Training & Weight Loss  
.....  
QC Times Reader's Choice  
QC Locals Love Us

New Y-USA Poster: Distributed via courier in color 3/11

**REMEMBER THE 3 C's!**  
Stay healthy and help stop the spread of coronavirus, influenza and other illnesses by following the 3 C's:

- Cover**  
Cough into the crook of your elbow or into a tissue that is immediately thrown away.
- Clean**  
Frequently wash your hands with warm water and soap for 20 seconds—about the time it takes to sing Happy Birthday twice.
- Contain**  
Stay home when you are sick until you have been free of fever for 24 hours.

Visit [cdc.gov](http://cdc.gov) for additional information. For a better us.

**COVID 19** STOP THE SPREAD OF GERMS  
Help prevent the spread of respiratory diseases like COVID-19.

- Avoid close contact with people who are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick, except to get medical care.
- Wash your hands often with soap and water for at least 20 seconds.

For more information: [www.cdc.gov/COVID19](http://www.cdc.gov/COVID19)

CDC Poster: Continue to use? Need more or re-prints? Just email.  
More frames are also available just ask your branch exec if needed.

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