



# North Scott Pool Hours

## October 2024

Bettendorf Aquatics classes held at North Scott until further notice highlighted in light grey.

COMPETITION POOL		LEISURE POOL	
<b>MONDAY</b>		<b>MONDAY</b>	
5:15a-7:15a	NSHS Practice - 3 Lanes	5:00a-6:45a	Adult Exercise Open Swim
7:15a-3:40p	Open Lap Swim	6:45a-7:45a	Aqua Challenge with Pat
3:40p-5:30p	NSHS Practice - 3 Lanes	7:45a-10:15a	Adult Exercise Open Swim
5:15p-8:00p	Otters Practice - 4-5 Lanes	11:00p-9:30p	Family Open Swim
8:00p-9:30p	Open Lap Swim	4:30p-7:15p	Swim Lessons   Deep End Only
<b>TUESDAY</b>		<b>TUESDAY</b>	
5:00a-5:15p	Open Lap Swim	5:00a-12:00p	Adult Exercise Open Swim
5:15p-7:30p	Otters Practice - 4-5 Lanes	6:05a-6:30a	Power Shred with Heather   Limited Space
7:30p-9:30p	Open Lap Swim	11:00a-12:00p	AquaFit with Mary Anne   Limited Space
<b>WEDNESDAY</b>		12:00p-9:30p	Family Open Swim
5:00a-3:40p	Open Lap Swim	4:30p-7:15p	Swim Lessons   Deep End Only
3:40p-5:30p	NSHS Practice - 3 Lanes	<b>WEDNESDAY</b>	
5:15p-8:00p	Otters Practice - 4-5 Lanes	5:00a-6:45a	Adult Exercise Open Swim
8:00p-9:30p	Open Lap Swim	6:45a-7:45a	Aqua Challenge with Pat
<b>THURSDAY</b>		7:45a-10:15a	Adult Exercise Open Swim
5:00a-3:40p	Open Lap Swim/ NSHS Practice - 3 Lanes	11:00p-9:30p	Family Open Swim
3:40p-5:30p	NSHS Practice - 3 Lanes	<b>THURSDAY</b>	
5:15p-7:30p	Otters Practice - 4-5 Lanes	5:00a-12:00p	Adult Exercise Open Swim
7:30p-9:30p	Open Lap Swim	5:15a-6:00a	Water Shred with Heather   Limited Space
<b>FRIDAY</b>		8:30a-9:30a	Water Aerobics with Bonita   Limited Space
5:15a-7:15a	NSHS Practice - 3 Lanes	11:00a-12:00p	AquaFit with Mary Anne   Limited Space
7:15a-3:40p	Open Lap Swim	12:00p-9:30p	Family Open Swim
3:40p-5:30p	NSHS Practice - 3 Lanes	4:30p-7:15p	Swim Lessons   Deep End Only
5:15p-8:00p	Otters Practice - 4-5 Lanes	<b>FRIDAY</b>	
8:00p-8:30p	Open Lap Swim	5:00a-12:00p	Adult Exercise Open Swim
<b>SATURDAY</b>		6:05a-6:30a	Power Shred with Heather   Limited Space
6:00a-8:00a	Open Lap Swim	6:45a-7:45a	Aqua Challenge with Pat
8:00a-10:15a	Otters Practice - 3-4 Lanes	8:30a-9:30a	Water Aerobics with Bettendorf Instructor
10:15a-5:30p	Open Lap Swim	9:35a-10:35a	Water Aerobics with Bettendorf Instructor
<b>SUNDAY</b>		10:35a-12:00p	Adult Exercise Open Swim
7:00a-4:30p	Open Lap Swim	12:00p-8:30p	Family Open Swim
<b>SPLASH PAD</b>		<b>SATURDAY</b>	
<b>MONDAY-THURSDAY</b>		6:00a-10:00a	Adult Exercise Open Swim
12:00p-9:30p	Family Open Swim	8:00a-9:00a	Aqua Challenge with Nancy
<b>FRIDAY</b>		9:00a-11:45a	Swim Lessons   Deep End Only
12:00p-8:30p	Family Open Swim	10:00a-5:30p	Family Open Swim
<b>SATURDAY</b>		<b>SUNDAY</b>	
10:00a-4:30p	Family Open Swim	7:00a-10:00a	Adult Exercise Open Swim
<b>SUNDAY</b>		10:00a-4:30p	Family Open Swim
10:00a-4:30p	Family Open Swim	<b>DUE TO PROGRAM AND FACILITY NEEDS</b>	
		Next Lifeguarding Class: November 15-17, 2024	
<b>Swim Lessons:</b>	Register online or @ front desk		
<b>Lifeguarding:</b>	Submit job application online		
Email: <a href="mailto:oelceser@ymcaimv.org">oelceser@ymcaimv.org</a> for more information			