



North Scott YMCA Competition Pool Schedule

MON	TUES	WED	THUR	FRI	SAT	SUN
<p>Member Open Swim 5:00am - 3:40 pm</p>	<p>Member Open Swim 5:00am - 5:15 pm</p>	<p>Member Open Swim 5:00am - 3:40 pm</p>	<p>Member Open Swim 5:00am - 5:15 pm</p>	<p>Member Open Swim 5:00am - 3:40 pm</p>	<p>Member Open Swim 6:00am - 7:00am</p> <hr/> <p>NSHS Practice 7:00 am - 8:30 am 1 Lane</p> <hr/> <p>River Otters Practice 8:00 am - 10:15 am 4-5 Lanes</p>	<p>Member Open Swim 8:00am - 4:30pm</p>
<p>NSHS Practice 3:40 pm - 5pm 2 Lanes</p>	<p>River Otters Practice 5:15 pm - 7:45 pm 4-5 Lanes</p>	<p>NSHS Practice 3:40 pm - 5 pm 2 Lanes</p>	<p>River Otters Practice 5:15 pm - 7:45 pm 4-5 Lanes</p>	<p>NSHS Practice 3:40 pm - 5 pm 2 Lanes</p>	<p>Member Open Swim 10:15 am - 5:30 pm</p>	
<p>River Otters Practice 5:15 pm - 8:30 pm 4-5 Lanes</p>	<p>YMCA Swim Lessons 6:30 pm - 7:15 pm 1 Lane</p>	<p>River Otters Practice 5:15 pm - 8:30 pm 4-5 Lanes</p>	<p>YMCA Swim Lessons 6:30 pm - 7:15 pm 1 Lane</p>	<p>River Otters Practice 5:15 pm - 8:30 pm 4-5 Lanes</p>		
<p>Member Open Swim 8:30pm - 9:30pm</p>	<p>Member Open Swim 7:45 pm - 9:30pm</p>	<p>Member Open Swim 8:30pm - 9:30pm</p>	<p>Member Open Swim 7:45 pm - 9:30pm</p>			

Note: This schedule is subject to change at the discretion of the YMCA.



North Scott YMCA Leisure Pool Schedule

MON	TUES	WED	THUR	FRI	SAT	SUN
Member Open Swim 5:00am - 9:30 pm	Member Open Swim 5:00am - 6:05 am	Member Open Swim 5:00 am - 9:30 pm	Water Shred with Heather 5:15 am - 6:00 am	Member Open Swim 5:00 am - 6:05 am	Member Open Swim 6:00 am - 9:00 am	Member Open Swim 8:00am - 4:30pm
	Power Shred with Heather 6:05 am - 6:30 am		Water Aerobics with Bonita 8:30 am - 9:30 am	Power Shred with Heather 6:05 am - 6:30 am	YMCA Swim Lessons 9:00 am - 11:45 am	
	Member Open Swim 6:30 am - 11:00 am		Member Open Swim 9:30 am - 11:00 am	Member Open Swim 6:30 am - 8:30 pm	Member Open Swim 11:45pm - 5:30pm	
	Aquafit with Mary Ann 11:00 am - 12:00 pm		Aquafit with Mary Anne 11:00 am - 12:00 pm			
	Member Open Swim 12:00 pm - 4:30 pm		Member Open Swim 12:00 pm - 4:30 pm			
	YMCA Swim Lessons 4:30 pm - 6:15 pm		YMCA Swim Lessons 4:30 pm - 6:15 pm			
	Member Open Swim 6:15 pm - 9:30pm		Member Open Swim 6:15 pm - 9:30 pm			

Note: This schedule is subject to change at the discretion of the YMCA.