



North Scott YMCA Competition Pool Schedule

MON	TUES	WED	THUR	FRI	SAT	SUN
NS High School Practice 5:00am - 7:10 AM 3 Lanes				NS High School Practice 5:00am - 7:10 AM 3 Lanes	Member Open Swim 6:30 am - 10:00 am	
Member Open Swim 5:00 am - 3:45 pm	Member Open Swim 5:00AM - 3:45 PM	Member Open Swim 5:00am - 3:45 pm	Member Open Swim 5:00AM - 3:45 PM	Member Open Swim 5:00am - 1:40 pm	YMCA Swim Lessons 10:00 am - 12:00 pm 1 Lane	
NS High School Practice 3:45 pm - 5:30 pm 3 Lanes	NS High School Practice 3:45 pm - 5:30 pm 3 Lanes	NS High School Practice 3:45 pm - 5:30 pm 3 Lanes	NS High School Practice 3:45 pm - 5:30 pm 3 Lanes	NS High School Practice 1:40 pm - 3:10 pm 3 Lanes		
River Otters Practice 5:15 pm - 8:30 pm 4-5 Lanes	River Otters Practice 5:15 pm - 8:00 pm 4-5 Lanes	River Otters Practice 5:15 pm - 8:30 pm 4-5 Lanes	River Otters Practice 5:15 pm - 8:00 pm 4-5 Lanes	YMCA Swim Lessons 4:00 pm - 4:45 pm 1 Lane	Member Open Swim 12:00 pm - 5:30 pm	Member Open Swim 8:30am - 4:30pm
YMCA Swim Lessons 5:00 pm - 5:45 pm 1 Lane	YMCA Swim Lessons 5:00 pm - 5:45 pm 1 Lane	YMCA Swim Lessons 5:00 pm - 5:45 pm 1 Lane	YMCA Swim Lessons 5:00 pm - 5:45 pm 1 Lane	River Otters Practice 5:00 pm - 8:30 pm 4-5 Lanes		
Member Open Swim 8:30pm - 9:30pm	Member Open Swim 8:00 pm - 9:30pm	Member Open Swim 8:30pm - 9:30pm	Member Open Swim 8:00 pm - 9:30pm	Member Open Swim 8:30pm - 9:30pm		

Rev. 8-8-74

Note: This schedule is subject to change at the discretion of the YMCA.



North Scott YMCA Leisure Pool Schedule

MON	TUES	WED	THUR	FRI	SAT	SUN
<div>Member Open Swim</div> <div>5:00am - 9:30 pm</div>	<div>Member Open Swim</div> <div>5:00am - 6:05 am</div>	<div>Member Open Swim</div> <div>5:00 am - 9:30 pm</div>	<div>Water Shred with Heather</div> <div>5:15 am - 6:00 am</div>	<div>Member Open Swim</div> <div>5:00 am - 6:05 am</div>	<div>Member Open Swim</div> <div>6 :30 am - 10:00 am</div>	<div>Member Open Swim</div> <div>8:30am - 4:30pm</div>
	<div>Power Shred with Heather</div> <div>6:05 am - 6:30 am</div>		<div>Water Aerobics with Bonita</div> <div>8:30 am - 9:30 am</div>	<div>Power Shred with Heather</div> <div>6:05 am - 6:30 am</div>	<div>YMCA Swim Lessons</div> <div>10:00 am - 11:45 pm</div>	
	<div>Member Open Swim</div> <div>6:30 am - 11:00 am</div>		<div>Member Open Swim</div> <div>9:30 am - 11:00 am</div>	<div>Member Open Swim</div> <div>6:30 am - 4:00 pm</div>	<div>Member Open Swim</div> <div>11:45pm - 5:30pm</div>	
	<div>Aquafit with Mary Ann</div> <div>11:00 am - 12:00 pm</div>		<div>Aquafit with Mary Anne</div> <div>11:00 am - 12:00 pm</div>			
	<div>Member Open Swim</div> <div>12:00 pm - 5:00 pm</div>		<div>Member Open Swim</div> <div>12:00 pm - 5:00 pm</div>			
<div>YMCA Swim Lessons</div> <div>5:00 pm - 5:45 pm</div>	<div>YMCA Swim Lessons</div> <div>5:00 pm - 5:45 pm</div>	<div>YMCA Swim Lessons</div> <div>5:00 pm - 5:45 pm</div>	<div>YMCA Swim Lessons</div> <div>5:00 pm - 5:45 pm</div>	<div>Member Open Swim</div> <div>4:45 pm - 8:30 pm</div>		
<div>Member Open Swim</div> <div>5:45 pm - 9:30pm</div>	<div>Member Open Swim</div> <div>5:45 pm - 9:30pm</div>	<div>Member Open Swim</div> <div>5:45 pm - 9:30 pm</div>	<div>Member Open Swim</div> <div>5:45 pm - 9:30 pm</div>			

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