



FOR IMMEDIATE RELEASE

YMCA of the Iowa Mississippi Valley Announces New North YMCA Location in Davenport

April 2, 2026

The YMCA of the Iowa Mississippi Valley is proud to announce the relocation of the North YMCA to a new facility at **1010 E. Kimberly Road in Davenport**, marking an exciting new chapter in its ongoing commitment to serving the North Davenport community.

“The North YMCA has made a meaningful impact on our community for decades, and we are proud of that history,” said Josh Whitson, CEO of the YMCA of the Iowa Mississippi Valley. “At the same time, we know our work continues, and this new location gives us the opportunity to reach more people and further advance the health and wellness of our community.”

For more than 25 years, the North YMCA has been a cornerstone of youth development, healthy living, and community connection. This legacy was made possible through the vision and leadership of **Frank Klipsch III, Mr. Richard Bittner, the YMCA of the Iowa Mississippi Valley Board, and the Davenport School Board led by Patt Zamora**. The YMCA extends its sincere appreciation to the **Davenport Community School District** for a valued 25-year partnership, whose collaboration helped establish a Y that has positively impacted thousands of youth and families across the region.

Throughout its history, the North YMCA has served as a vital community hub. With more than **7,000 members annually**, including approximately **2,000 youth**, the Y has provided life-changing programs and support. Over the years, more than **1,200 at-risk youth** have participated in outreach programs, achieving improved academic outcomes and increased graduation rates. The YMCA has also invested millions of dollars in scholarships to ensure that all individuals and families, regardless of financial circumstance, have access to programs that support their health and well-being.

A New Era of Wellness and Community Impact

The new North YMCA will place a strong emphasis on holistic health and recovery, offering innovative wellness amenities designed to improve physical recovery, reduce stress, and support overall well-being:

- **Red Light Therapy & Infrared Heat (RedZone):** Combines infrared heat and red light technology to support muscle recovery, improve circulation, and promote relaxation. This integrated approach helps members enhance recovery, reduce fatigue, and support overall physical performance.
- **HydroMassage:** A fully customizable, full-body heated massage experience designed to relieve muscle soreness, reduce tension, and support recovery. Members can remain fully clothed while targeting specific muscle groups, making it an accessible and convenient option for post-workout recovery and ongoing wellness.
- **Polar Wave Cold Therapy Chair:** Provides the benefits of a full-body cold plunge in a dry, comfortable environment, helping reduce inflammation, accelerate muscle recovery, and improve overall resilience through short, effective sessions.

These wellness offerings are **included as part of a YMCA membership**, reinforcing the Y's commitment to providing accessible, high-quality health and wellness solutions for the entire community.

The facility will also expand and strengthen programs designed to serve individuals across all stages of life:

- **LIVESTRONG® at the YMCA:** A 12-week, evidence-based program designed to help cancer survivors reclaim their strength—physically, emotionally, and socially following treatment. The program is provided completely free to participants and includes a complimentary three-month membership for their families, allowing them to heal and grow together. In 2025 alone:
 - 36 survivors served (21 new participants)
 - 95% increased physical activity
 - 100% reported improved quality of life
 - 90% reduction in fatigue
 - 100% improvement in emotional and social health
 - Participants also experienced meaningful physical gains, including increased walking distance and strength improvements. These outcomes represent more than data. They reflect individuals regaining independence, confidence, and hope.



- Currently offered three times per year at only two locations, demand for the LIVESTRONG program continues to exceed capacity, and the new North YMCA location will play a critical role in expanding access to this life-changing program.
- **SilverSneakers® Program** – Promoting health, wellness, and connection for older adults
- **Delay the Disease Program** – Providing specialized fitness and support for individuals living with Parkinson’s disease
- **EGYM Smart Fitness System** – A personalized, full-body strength training system that guides members through safe, effective workouts in as little as 20 minutes. Using smart technology, EGYM automatically adjusts to each individual, tracks progress, and adapts workouts over time—helping members build strength, improve mobility, and return to a healthy lifestyle with confidence.

Accessible for All

The YMCA is committed to ensuring that everyone in the community has access to these programs and services. Financial assistance is made possible through the **generous support of donors in our community through the YMCA’s Annual Campaign**, ensuring that cost is never a barrier to participation.

Last year alone, donor support helped the YMCA:

- Provide **over \$2.1 million in financial assistance** to individuals and families
- Serve **over 90,000 community members** across the region
- Ensure that **22% of members** could access YMCA programs through financial assistance
- Deliver life-changing programs such as water safety education for hundreds of children and mentorship opportunities for local youth

Income-based membership assistance is available through a sliding fee scale, with joining fees waived for those who qualify. This commitment ensures that every individual and family has the opportunity to improve their health, connect with others, and thrive.



Transition Timeline

- **Final Day at Current Location:** Friday, June 19
- **New Facility Opening:** Monday, July 6
- **Community Open House:** Saturday, July 11

The YMCA invites members, partners, and the broader community to join in celebrating this exciting transition and to experience the new facility during the open house event.

Continuing the Mission

Since 1858, the YMCA of the Iowa Mississippi Valley has remained dedicated to strengthening communities through programs that build a healthy spirit, mind, and body for all. The new North YMCA location represents both a continuation of that mission and a forward-looking investment in the future health and well-being of our community.

“We are deeply grateful for the generations of members, families, and supporters who have shaped the North YMCA,” Whitson added. “We are excited to carry that legacy forward and expand our impact for years to come.”

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